



COACH WILSON - ACTIVITY CALENDAR



AUGUST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
17	18	19	20	21
FIRST DAY OF CLASS	DISCLOSURE QUIZ	ROLL CALL NUMBER LOCKER ROOM RULES	BOCCE BALL NO DRESS	LOCKS/UNIFORMS ISSUED
24	25	26	27	28
TEAM RELAYS NO DRESS	CLASS WARM-UPS FIRST DAY OF DRESS	WEDNESDAY WALK DAY	FRISBEE HOTBOX	KANJAM

SEPTEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1	2	3	4
ULTIMATE FRISBEE RULES AND PRACTICE	ULTIMATE FRISBEE	WEDNESDAY WALK DAY	ULTIMATE FRISBEE	CAPTURE THE FLAG
7	8	9	10	11
NO SCHOOL LAOR DAY	FLAG FOOTBALL PASSING / CATCHING RULES	TIMED 1-MILE RUN	FLAG FOOTBALL PASS ROUTES RULES	FLAG FOOTBALL GAMES
14	15	16	17	18
FLAG FOOTBALL GAMES	FLAG FOOTBALL GAMES	WEDNESDAY WALK DAY	FLAG FOOTBALL GAMES	CAPTURE THE FLAG
21	22	23	24	25
3 GOAL SOCCER	3 GOAL SOCCER	WEDNESDAY WALK DAY	SOCCER GAMES	NO SCHOOL TEACHER COMP DAY
28	29	30	1	2
SOCCER GAMES	SOCCER GAMES	WEDNESDAY WALK DAY	SOCCER GAMES	CAPTURE THE FLAG

OCTOBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5	6	7	8	9
FRISBEE GOLF	FOOT GOLF	WEDNESDAY WALK DAY	NO SCHOOL FALL BREAK	NO SCHOOL FALL BREAK
12	13	14	15	16
NO SCHOOL TEACHER PD DAY	BIG BALL GOLF	TIMED 1-MILE RUN	PICKLE GOLF	CAPTURE THE FLAG
19	20	21	22	23
WIFFLE BALL	CHOICE OF SOCCER OR FLAG FOOTBALL	WEDNESDAY WALK DAY	CHOICE OF SOCCER OR FLAG FOOTBALL	NO SCHOOL TEACHER WORKDAY (END OF TERM 1)

Activities take place after daily strength, stretching and cardio exercises are completed.

