

# HILLCREST JUNIOR HIGH SCHOOL

## *Physical Education - Open Disclosure Statement*

- COURSE TITLE:** Physical Education
- TEACHER:** Coach Wilson 264-7442 ext. 7142      Email: [mwilson@murrayschools.org](mailto:mwilson@murrayschools.org)
- COURSE OBJECTIVES:** Students will utilize and advance motor movements learned in elementary. Most activities and skills will be in a team setting. Students will learn various activities to help facilitate a lifetime of healthy physical involvement. Skill development will be ongoing and progressive.
- LEARNING ACTIVITIES:** Sport based curriculum and lifetime fitness activities such as Ultimate Frisbee, Volleyball, Flag Football, Soccer, Hockey, Basketball, Tchoukball, Dodge Ball, Weight Training etc.
- ASSESSMENT:** Academic grades will be updated weekly and are based on total sum of points which will be updated weekly (usually on Fridays).
- 10** Points are possible each day. To earn the full 10 points, students must be on-time, dressed in required PE clothes and fully participate during class activities. If the student does not dress or improperly dresses, and is allowed to participate, they will lose 5 points the first two non-dresses, 10 points for each subsequent non-dress/improper dress.
- Students who choose to not fully participate in an activity can lose from 1 to 10 points for that day. A doctor's note must accompany a student in order for the student to be excused from participation. Students will lose 20 points for leaving class before being excused.
- No makeup will be available for non-dress/improper dress, non-participation, tardies or any points deducted during class time for whatever reason. No makeup work will be allowed if class is missed, unless it is an excused absence. Students missing class due to a school activity will not be required to make up. The Hillcrest Junior High grading scale will be used.
- CITIZENSHIP:** The Hillcrest Jr. High Citizenship policy will be in place. Remember that a "S" is the default citizenship. All other marks are awarded accordingly. Citizenship grades will be computed by but not limited to tardies, non-dresses, and behavior. "H" marks awarded at end of term. An "H" student will have no more than 2 tardies, no more than 1 non-dresses/improper dresses, no office referrals, no gym or locker room infractions, takes care of and does not abuse equipment, completes all work on time, actively participates in class activities, follows class rules, pays attention, displays excellent sportsmanship, does not disturb class during activity and/or instruction time and assists when asked.
- MAKE-UP WORK:** To make up points missed for excused absences, injuries or illnesses students are required to participate in the CANVAS online workout. A maximum of 5 absences can be made-up. COVID absences can be made up in whole. Absences may be reviewed on an individual basis. PE make-up may take a few weeks to grade.
- DRESS CODE:** Solid dark blue knee length athletic shorts and an ash grey t-shirt must be worn to earn dress points. Athletic shoes and socks must be worn. Students may purchase a school PE uniform for \$15 from the office or buy their own uniform at a department store as long as it is the right colors. A \$5 pre-used set can be purchased if available. Fee waiver students need to go see Finance Window. A writing assignment may be assigned to any student not dressed for gym. Athletes are required to dress and participate on game days.
- DRESS TIME:** Students will be given about 5 minutes after the tardy bell to be dressed and get into the gym. They will be given approximately 5 minutes to re-dress when class activities end.
- LOCKS:** Combination locks will be loaned to each student at no charge. A \$10 fine will be assessed at the end of the school year for any combination lock not returned. Students will be given a personal locker to store their PE clothes. They may use the locker during class to neatly store their school clothes. Teacher will not be responsible for lost or stolen items in the locker room. Cell phones not allowed to be on in locker room.

**See Reverse Side**

## **GRADING**

Total Possible Points Each Day: 10 Points

Non-Dress and Improper Dress: Points Deducted -5 (1<sup>st</sup>), -5 (2<sup>nd</sup>), -10 (3<sup>rd</sup>), -10 (4<sup>th</sup>)

## **GYM CLOTHES**

Shorts or Sweats Color: Navy or Dark Blue  
Shirt Color: (Ash) Medium Grey

## **MAKE-UP WORK**

Maximum of five (5) excused absences can be made up per quarter by doing CANVAS online make-up or 20-minute walk after school. Walk must be pre-arranged with teacher.

## **CITIZENSHIP**

“S” is default citizenship grade. For an “H” in citizenship: No more than 2 tardies. No more than 1 non-dress. No office referrals. No locker room or activity infractions. Fully participates in all activities. Is not disruptive. Plays with good sportsmanship. Offers to help or assists when asked. “H” citizenship marks are awarded at the end of the grading period.

## **LOCKS & LOCKER ROOM**

Combination lock will be provided. \$10 replacement fee if lost. Locker is yours and is for your gym clothes to be stored in at the end of class. Secure and lock it after putting away gym clothes at end of class. No cell phones allowed to be on in the locker room. Lock them in your locker with your school clothes during class.

## **LENDING OF GYM CLOTHES**

The teacher will lend clothes to you two (2) times per quarter with a 5 point daily point deduction. You MAY NOT borrow clothes for someone else!

## **LONG TERM STUDENT INJURIES**

Long term injuries will be handled on a case by case basis.

\*\*It is against the Family Education Rights and Privacy Act (FERPA) to post student grades in any form in the classroom. Ongoing critical evaluation by peers, which may include the exchanging of student work, will be used to enhance the educational process. Ultimately the final assessment is the job of the teacher. Student privacy will be respected when providing class grades and other confidential information. If students wish to individually see and discuss their grades with me, they must come during consultation hours, not during class time. Students and parents have computer access to grades on ASPIRE through the district web page and can review grades at any time. Please keep all work that has been passed back in case there is any discrepancy between my records and yours. *If there is a perceived error, any grade change must be completed within the following quarter or by June 30 for the fourth quarter.*