

HILLCREST JUNIOR HIGH SCHOOL

Physical Education - Open Disclosure Statement



TEACHER:

Coach Wilson 264-7442 ext. 7142

Email: mwilson@murrayschools.org

COURSE OBJECTIVES:

Students will utilize and advance motor movements learned in elementary or a previous PE class. Activities and skills could be in a team or individual setting. Students will learn various activities to help facilitate a lifetime of healthy physical involvement. Skill development will be ongoing and progressive.

LEARNING ACTIVITIES:

Team: Frisbee Games, Volleyball, Flag Football, Soccer, Hockey, Basketball, Tchoukball, Dodge Ball, Capture the Flag, Freeze Ball, Kickball, Scatterball, Lawn Games etc.

Individual: Mile Walk, Mile Run, Aerobic Videos, Stretching, Calisthenics, Pacer Test etc.

GRADING:

Academic grades are updated weekly. The grading scale is shown in SIS/Aspire.

Points can be attained each day by way of Attendance, Behavior, Proper Dress and Participation.

ABSENCES: All 20 of the daily points will be deducted if student is absent. *See Make-Up Work below.*

Late to class may result in a student sitting out of activity and/or lose points.

Borrowing PE clothes from teacher will deduct 5-10 points. PE clothes can be borrowed twice per term.

Not dressing for class can result in a loss of up to all 20 daily points.

Behaving inappropriately can result in a loss of up to all 20 daily points.

Participation is required. Lack of participation will result in losing up to all 20 daily points.

CITIZENSHIP:

The Hillcrest Jr. High Citizenship policy will be in place. "S" is the default citizenship. Any other mark is awarded accordingly. Citizenship grades will be computed by, but not limited to, attendance and behavior.

MAKE-UP WORK:

A maximum of 10 absences can be made up. 5 at full credit and 5 at $\frac{1}{2}$ credit. To make up for excused/unexcused absences, injuries or illnesses students must participate in and submit video of a preapproved exercise video or walk 20 minutes after school on campus or at home. Walking after school must be prearranged with the teacher. Extracurricular sports and other activities away from school are not allowed for make-up work.

Make-up is not available for non-dress/improper dress, non-participation, tardies or any points deducted during class time for whatever reason. Students missing class due to a school activity will not be required to make up.

DRESS CODE:

Students may not be allowed to participate if they are not properly dressed. Teacher approved navy or black athletic shorts or athletic pants, and ash grey t-shirt must be worn to earn dress points. Leggings are acceptable if blue or black. Athletic shoes and socks must be worn. Sandals, open-toed and Croc type shoes are not allowed. Unless approved, school clothing is not to be worn under or on top of PE clothes. Hoods/Hoodies may not be worn during class. Exceptions may be made during inclement weather, but this is teacher discretion. Masks and hats need approval from teacher.

Students may purchase a school PE uniform for \$20 (Shirts \$10 & Shorts \$10) from the finance office or buy their own uniform at a retail store if it is the correct colors. For \$2.50 a pre-used shirt or shorts can be purchased if available. Fee waiver students need to go see Finance Window.

DRESS TIME:

Students will be given about 5 minutes after the tardy bell to be dressed and get into the gym. They will be given approximately 5 minutes to re-dress when class activities end.

LOCKS:

Combination locks will be loaned to each student and used on their individually assigned PE locker. A \$10 fine will be assessed if combination lock is not returned. Teacher/school will not be responsible for lost or stolen items in the locker room.

INJURIES:

A doctor's note will be needed to have a student not participate due to injury. Long-term injuries may require a class schedule change or a "NG". A student may be put on an exercise bike for lower or upper conditioning during time of injury to still get some exercise but not aggravate their injury.

ILLNESS:

A doctor's note is the best course of action to have a student sit out of PE class with an illness. Otherwise, illnesses can only be handled on a case-by-case basis and DOES NOT guarantee a student will be allowed to sit out.



GRADING

Total Possible Points Each Day: 20 Points

Grades updated weekly

GYM CLOTHES

Shorts or Sweats Color: Navy Blue or Black

Shirt Color: Ash/Medium Grey

Leggings Color: Navy Blue or Black

MAKE-UP WORK

Maximum of ten (10) excused absences can be made up per quarter.

20 Minute after school walk in the gym or video of participating in 20 minutes of continuous cardio exercise.

LOCKS & LOCKER ROOM

Combination lock will be provided. \$10 replacement fee if lost. No cell phones, food, drinks or inappropriate behaviors allowed in the locker room. All valuables should be secured in a properly secured locker.

LENDING OF GYM CLOTHES

A student may borrow PE clothes two (2) times per term which comes with a 5-10 point deduction. Students check out borrowed clothes from the teacher and hold on to them until they bring their own back from home.

LONG TERM STUDENT INJURIES

Long term injuries will be handled on a case by case basis. A doctor's note must be present for non-participation.

CELL PHONE and EMERGING TECHNOLOGY POLICY

There are new laws regarding cell phone and emerging technology use in school. We will adhere to those new laws.

How those laws apply to PE class will be discussed during the "Locker Room" rules portion of the class.

FERPA

Family Education Rights and Privacy Act, Grade Change, & Remediation

It is against the Family Education Rights and Privacy Act (FERPA) to post student grades in any form in the classroom.

Ongoing critical evaluation by peers, which may include the exchanging of student work, will be used to enhance the educational process. Ultimately the final assessment is the job of the teacher. Student privacy will be respected when providing class grades and other confidential information. If there is a perceived error, any grade change must be completed within the following quarter or by June 30 for the fourth quarter.

Parents/Guardians

In accordance [with Utah Code 53G-4-401](#) (amended May 2021), parents may view their student's curriculum, assignments, and feedback on assignments by signing up as a Parent Observer on Canvas. Parents who signed up previously do not have to sign up again.

Directions for new sign-ups or to add a student are found at:

1. [Connecting to Canvas Observer and the Canvas APP](#)
2. [Connecting to Canvas Observer-Spanish](#)
3. [Adding Additional Students to my Existing Account](#)
4. [Canvas Grading Symbols \(What does that icon mean?\)](#)

