COACH WILSON - ACTIVITY CALENDAR

OCTOBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
26	27	28	29	30
SMALL BALL HOTBOX	INDOOR KICKBALL	WEDNESDAY WALK DAY	FITNESS PINBALL	SCATTERBALL

NOVEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
BASKETBALL DRILLS W/PRACTICE	BASKETBALL DRILLS W/PRACTICE	WEDNESDAY WALK DAY	BASKETBALL GAMES	BASKETBALL GAMES
9	10	11	12	13
VOLLEYBALL DRILLS	VOLLEYBALL DRILLS W/GAMES	WEDNESDAY WALK DAY	VOLLEYBALL GAMES	VOLLEYBALL GAMES
16	17	18	19	20
FLOOR HOCKEY RULES & GAMES	FLOOR HOCKEY GAMES	WEDNESDAY WALK DAY	FLOOR HOCKEY GAMES	FREEZEBALL
23	24	25	26	27
CRAB SOCCER (COMBINED CLASSES)	PACER TEST	NO SCHOOL THANKSGIVING RECESS		

DECEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	1	2	3	4
SCATTERBALL	INDOOR WIFFLE BALL	WEDNESDAY WALK DAY	GAGA BALL	PICKLEBALL DRILLS
7	8	9	10	11
PICKLEBALL DRILLS W/GAMES	PICKLEBALL GAMES	WEDNESDAY WALK DAY	PICKLEBALL GAMES	PICKLEBALL GAMES
14	15	16	17	18
FITNESS PINBALL	INDOOR KICKBALL	WEDNESDAY WALK DAY	GAGA BALL	INDOOR WIFFLE BALL

JANUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4	5	6	7	8
TCHOUKBALL RULES W/GAMES	TCHOUKBALL GAMES	PACER TEST	TCHOUKBALL GAMES	FREEZEBALL
11	12	13	14	15
SCATTERBALL (COMBINED CLASSES)	CRAB SOCCER / PACER MAKE-UP	TURN IN LOCKS / CLEAN OUT LOCKER	END OF SEMESTER OPEN GYM	NO SCHOOL TEACHER WORKDAY

Activities take place after daily strength, stretching and cardio exercises are completed.