



COACH WILSON - ACTIVITY CALENDAR



JANUARY

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	19		20		21		22		23
SMALL	NO SCHOOL (MLK DAY)		DISCLOSURE QUIZ UNIFORMS		WEDNESDAY WALK DAY		ROLL CALL ORDER LOCKERS ISSUED		LOCKER ROOM RULES WARM-UPS
	26		27		28		29		30
SMALL	SMALL BALL HOTBOX		KICKBALL		WEDNESDAY WALK DAY		FITNESS PINBALL		SCATTERBALL

FEBRUARY

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	2		3		4		5		6
BIG	BASKETBALL		BASKETBALL		PACER TEST		BASKETBALL		FREEZEBALL
	9		10		11		12		13
SMALL	VOLLEYBALL		VOLLEYBALL		WEDNESDAY WALK DAY		CRAB SOCCER (COMBINED)		NO SCHOOL (TEACHERS OFF)
	16		17		18		19		20
SMALL	NO SCHOOL (PRESIDENTS' DAY)		NO SCHOOL (PD)		WEDNESDAY WALK DAY		VOLLEYBALL		PICKLEBALL DRILLS
	23		24		25		26		27
BIG	PICKLEBALL		PICKLEBALL		WEDNESDAY WALK DAY		PICKLEBALL		PICKLEBALL

MARCH

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	2		3		4		5		6
SMALL	SCATTERBALL		WIFFLE BALL		WEDNESDAY WALK DAY		SMALL BALL HOTBOX		FITNESS PINBALL
	9		10		11		12		13
BIG	FLOOR HOCKEY		BASKETBALL		PACER TEST		FLOOR HOCKEY		FLOOR HOCKEY
	16		17		18		19		20
SMALL	VOLLEYBALL		KICKBALL		WEDNESDAY WALK DAY		WIFFLE BALL		NO SCHOOL (TEACHER WORK DAY)

Activities take place after daily strength, stretching and cardio exercises are completed.

