



COACH WILSON - ACTIVITY CALENDAR



JANUARY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	19	20	21	22	23
SMALL	NO SCHOOL (MLK DAY)	DISCLOSURE QUIZ UNIFORMS	WEDNESDAY WALK DAY	ROLL CALL ORDER LOCKERS ISSUED	LOCKER ROOM RULES WARM-UPS
	26	27	28	29	30
SMALL	SMALL BALL HOTBOX	KICKBALL	WEDNESDAY WALK DAY	FITNESS PINBALL	SCATTERBALL

FEBRUARY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	2	3	4	5	6
BIG	BASKETBALL	BASKETBALL	PACER TEST	BASKETBALL	FREEZEBALL
	9	10	11	12	13
SMALL	VOLLEYBALL	VOLLEYBALL	WEDNESDAY WALK DAY	CRAB SOCCER (COMBINED)	NO SCHOOL (TEACHERS OFF)
	16	17	18	19	20
SMALL	NO SCHOOL (PRESIDENTS' DAY)	NO SCHOOL (PD)	WEDNESDAY WALK DAY	VOLLEYBALL	PICKLEBALL DRILLS
	23	24	25	26	27
BIG	PICKLEBALL	PICKLEBALL	WEDNESDAY WALK DAY	PICKLEBALL	PICKLEBALL

MARCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	2	3	4	5	6
SMALL	SCATTERBALL	WIFFLE BALL	WEDNESDAY WALK DAY	SMALL BALL HOTBOX	FITNESS PINBALL
	9	10	11	12	13
BIG	FLOOR HOCKEY	BASKETBALL	PACER TEST	FLOOR HOCKEY	FLOOR HOCKEY
	16	17	18	19	20
SMALL	VOLLEYBALL	KICKBALL	WEDNESDAY WALK DAY	WIFFLE BALL	NO SCHOOL (TEACHER WORK DAY)

Activities take place after daily strength, stretching and cardio exercises are completed.

