



# COACH WILSON - ACTIVITY CALENDAR



## JANUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
22	23	24	25	26
NO SCHOOL TEACHER WORKDAY	SMALL GYM	WEDNESDAY WALK DAY	SMALL GYM	SMALL GYM
	DISCLOSURE QUIZ UNIFORMS		ROLL ORDER LOCKERS ISSUED	WARM-UPS LOCKER ROOM RULES
29	30	31	1	2
BIG GYM	BIG GYM	WEDNESDAY WALK DAY	BIG GYM	BIG GYM
BASKETBALL DRILLS	BASKETBALL GAMES		BASKETBALL GAMES	BASKETBALL GAMES

## FEBRUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5	6	7	8	9
BIG GYM	BIG GYM	WEDNESDAY WALK DAY	BIG GYM	BIG GYM
FLOOR HOCKEY DRILLS	FLOOR HOCKEY GAMES		FLOOR HOCKEY GAMES	TCHOUKBALL DRILLS
12	13	14	15	16
SMALL GYM	SMALL GYM	WEDNESDAY WALK DAY	SMALL GYM	SMALL GYM
VOLLEYBALL DRILLS	VOLLEYBALL DRILLS		VOLLEYBALL GAMES	CRAB SOCCER
19	20	21	22	23
NO SCHOOL PRESIDENT'S DAY	SMALL GYM	WEDNESDAY WALK DAY	SMALL GYM	SMALL GYM
	VOLLEYBALL GAMES		VOLLEYBALL GAMES	SCATTERBALL
26	27	28	29	1
BIG GYM	BIG GYM	WEDNESDAY WALK DAY	BIG GYM	NO SCHOOL TEACHER COMP DAY
BASKETBALL GAMES	BASKETBALL GAMES		PACER TEST	

## MARCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4	5	6	7	8
SMALL GYM	SMALL GYM	WEDNESDAY WALK DAY	SMALL GYM	SMALL GYM
VOLLEYBALL GAMES	FITNESS PINBALL		KICKBALL	SCATTERBALL
11	12	13	14	15
BIG GYM	BIG GYM	WEDNESDAY WALK DAY	CHOICE OF	CHOICE OF
TCHOUKBALL GAMES	TCHOUKBALL GAMES		VOLLEYBALL (SMALL GYM) BASKETBALL (BIG GYM)	VOLLEYBALL (SMALL GYM) BASKETBALL (BIG GYM)
18	19	20	21	22
SMALL GYM	SMALL GYM	WEDNESDAY WALK DAY	SMALL GYM	SMALL GYM
FITNESS PINBALL	DANCE FITNESS		KICKBALL	SCATTERBALL
25	26	27	28	29
SMALL GYM	BIG GYM	WEDNESDAY WALK DAY	BIG GYM	NO SCHOOL TEACHER WORKDAY
CRAB SOCCER	FREEZE BALL		FREEZE BALL	

Activities take place after daily strength, stretching and cardio exercises are completed.

