Coach Introduction

o Roles coaches will play in the program

> Tryouts

- Monday, February 28th (1 to 3 days)
- Ken Price Field or HJH Gym 3 P.M. 6 P.M.
- o 60 YD Dash, 5-10-5 Shuttle, Tee Exit Velo, Arm Velo, Defense and Offense Rating
- Pitching

School and Grade Eligibility

- o 2.0 G.P.A. with no more than 1 F
- Unexcused absences will result in game suspension the following week per MHS rules.

Physical Exam

- o FirstMed Murray \$25 if you tell them you are with Murray H.S.
- Under 18 years old must have parent/guardian

Register My Athlete

- Must have register my athlete completed
- This link is on baseball website

Roster Space

- MHS Baseball does not enroll a large roster for the 3 levels of teams (Varsity, JV, Sophs).
- o Playing time is prioritized for the top players at all levels.
- o Tryouts are not held to find backup or second/third string players.
- Not making the roster does not exclude a player from further opportunities to tryout.
- Young players cut are encouraged to tryout in the future as opportunities may be more prevalent in Spring 2023 on the sophomore level and possibly JV level team.

Summer Tryouts

- o Posted on the baseball website
- Two teams (soph and varsity)
- Not affiliated with MHS
- No current seniors play summer and 8th graders are eligible to tryout

Fall Baseball

o Fall baseball workouts will be open to those who made and did not make the Spring and/or Summer rosters.

Fees

- \$350 paid to MHS Baseball for Spring
- Summer Fee will be approximately \$150
- Personalized jerseys will be extra if players vote on getting them

Uniforms

- Uniforms Jerseys and jackets will be issued and need to be returned
- o Pants will be issued, or players can purchase their own PRO150P from Rawlings (Greys and Whites)

Apparel

- o Players will be issued some team apparel
- o Extra apparel can be purchased

Communication

- o Murraybaseball.org
- Remind.com (Text the following: @vprepadult to the number 81010)

Game Days

- o Players will miss class quite a bit.
- Daily excusals from Coach Wilson will be sent to the schools
- Player may ride to game with parent if can't miss class (get stuff from locker prior).
- Busses leave from Ken Price Field about 1 ½ hours prior to game start time.
- Bus returns after final game played
- o Locker room opens when final bus returns unless a coach returns early for some reason.
- JV/Soph are doubleheaders during Region 6 play. Look closely at start times.

Spring Trip to St. George

- Schedule is on website (March 17, 18 and 19)
- Miss school Thursday and Friday that week
- Players stay with family
- o Coach has a few rooms available \$130 \$140 per night at Clarion Suites 3/17 & 3/18
- All players invited Varsity players will play nearly 100% of the innings.

Playing on teams outside of MHS Baseball

- Players are allowed and at times encouraged to participate on travel/showcase teams between the months of June – January.
- Beginning Summer 2021: Players must inform Coach Wilson and get his approval if they intend to have Coach
 Wilson help them play at the next level or be nominated for any awards.

Use of Private Coaching/Instructors

- o Use of private coaching is on your own. Buyer beware! Because you pay someone doesn't mean anything.
- Have a specific problem you want the instructor to fix. If he can't then stop paying!

Actual Performance vs. Fabricated Nonsense

- DO NOT take "tall tale" stories at face value.
- Many players and parents will talk "numbers" or "plans" about themselves, their kids or other players in the valley. Only a fraction is ever true. We celebrate and want player achievement, but it's got to be legit.
- o Let the big talkers talk, they always will, but don't take what they say as always being factual.
- o This talk often leads to others feeling inferior or left out of something BIG out there.
- Coach Wilson will be happy to find out facts or give a healthy perspective on all things "high school baseball" in
 Utah. Remember, the highlights you see on social media don't show the strikeouts and errors.

Player Behavior and Expectations

- Players are expected to be competitive but are to never talk trash or demean a MHS teammate.
- o Players are expected to play their grade level. Anything more is a bonus and should be seen as such.
- No player is entitled to any position or playing level.
- Do not assume 1 good hit or play justifies moving up or starting. A culmination of long-term performance or consistency is a better measurement.
- o If the player doesn't play the same position as someone else there is no use even worrying about how that other player does when discussing playing opportunities.
- o A player that CAN play a position is different than a player who CAN play the position better.
- o It is expected players may be asked to play other positions just to get them in the line-up.
- Players caught degrading other teammates or questioning why they aren't getting "the love" will be subject to game suspensions or team removal.

Role Player Needed

 Possibility of a player needed to be on the team as a full-time bullpen catcher to warm-up pitchers before and during varsity and sub-varsity games. Catching experience not required but must be able to catch decent pitching.
 Playing time in games is not a guarantee and most likely would not happen. Team travel and apparel. No player fee. Catching gear provided.

Wrap Up

- o If you ever want a quick and honest outlook of what Coach Wilson has in store for your son just ask. WARNING: It may or may not be what you want to hear so prepare yourself.
- Good luck to all players who tryout
- o Good luck to those who do not make the team and tryout again in the future