TEACHER: Coach Wilson 264-7442 ext. 7142 Email: mwilson@murrayschools.org

COURSE OBJECTIVES: Students will utilize and advance motor movements learned in elementary or a previous PE class. Activities and

skills could be in a team or individual setting. Students will learn various activities to help facilitate a lifetime of

healthy physical involvement. Skill development will be ongoing and progressive.

Team: Ultimate Frisbee, Volleyball, Flag Football, Soccer, Hockey, Basketball, Tchoukball, Dodge Ball, Capture the **LEARNING ACTIVITIES:**

Flag, Freeze Ball, Kickball

Individual: Mile Walk, Mile Run, Aerobic Videos, Stretching, Calisthenics, Pacer Test, Weight Training.

GRADING: Academic grades are updated weekly. Sum of points accumulated from week.

20 points possible each day: Attendance, behavior, required dress and participation.

Absent from class will lose all 20 of the daily points.

Tardy to class may result in student sitting out class activity and/or lose from 1-10 points. Borrowing PE clothes will deduct 10 points. PE clothes can be borrowed twice per term.

Not dressing for class will result in a loss of all 20 of the daily points. Behaving inappropriately could result in a loss of 1-20 of the daily points.

Participation is required. Lack of participation could result in losing from 1-20 of the daily points.

CITIZENSHIP: The Hillcrest Jr. High Citizenship policy will be in place. Remember that a "S" is the default citizenship. All other

> marks are awarded accordingly. Citizenship grades will be computed by but not limited to tardies, non-dresses, and behavior. "H" marks awarded at end of term. An "H" student will have no more than 2 tardies, no more than 1 non-dresses/improper dresses, no office referrals, no gym or locker room infractions, takes care of and does not abuse equipment, completes all work on time, actively participates in class activities, follows class rules, pays

attention, displays excellent sportsmanship, does not disturb class during activity and/or instruction time and

assists when asked.

To make up points missed for absences, injuries or illnesses students must participate in the Canvas online

workout or walk 20 minutes after school. Walking after school must be prearranged with the teacher. Student extracurricular sports after school will not count toward make-up work. Maximum of 5 absences can be made-up

by walking. Maximum of 5 absences can be made-up with Canvas workouts.

Make-up not available for non-dress/improper dress, non-participation, tardies or any points deducted during class

time for whatever reason. Students missing class due to a school activity will not be required to make up.

DRESS CODE: Students will not participate if not properly dressed. Solid navy/dark blue athletic shorts or athletic pants with no

> pockets and ash grey t-shirt must be worn to earn dress points. Leggings are acceptable if blue or black and worn under PE shorts. Athletic shoes and socks must be worn. Unless approved: School clothing is not allowed to be

worn under or on top of PE clothes.

Students may purchase a school PE uniform for \$15 from the office or buy their own uniform at a retail store as long as it is the right colors. A \$5 pre-used set can be purchased if available. Fee waiver students need to go see

Finance Window.

Students will be given about 5 minutes after the tardy bell to be dressed and get into the gym. They will be given DRESS TIME:

approximately 5 minutes to re-dress when class activities end.

Combination locks will be loaned to each student. A \$10 fine will be assessed if combination lock not returned.

Students issued a personal locker to store their clothes. Teacher/school will not be responsible for lost or stolen

items in the locker room.



MAKE-UP WORK:

LOCKS:

GRADING

Total Possible Points Each Day: 20 Points

GYM CLOTHES

Shorts or Sweats Color: Navy or Dark Blue

Shirt Color: Ash/Medium Grey Leggings Color: Blue or Black

MAKE-UP WORK

Maximum of ten (10) excused absences can be made up per quarter. Maximum of (5) by doing CANVAS online and maximum of (5) by doing a 20-minute walk after school. Walk must be pre-arranged with teacher.

CITIZENSHIP

"S" is default citizenship grade. Any "H" citizenship will be rewarded and put on the grade at the end of the term.

The "S" citizenship grade may drop throughout the term and will be updated on SIS/Aspire accordingly.

LOCKS & LOCKER ROOM

Combination lock will be provided. \$10 replacement fee if lost. No cell phones, food, drink or inappropriate behaviors allowed in the locker room. All valuables should be secured in a properly secured locker.

LENDING OF GYM CLOTHES

A student may borrow PE clothes two (2) times per term which comes with a 10-point deduction. Students MAY NOT borrow PE clothes for another students.

LONG TERM STUDENT INJURIES

Long term injuries will be handled on a case by case basis. A doctor's note must be present for non-participation.

*It is against the Family Education Rights and Privacy Act (FERPA) to post student grades in any form in the classroom. Ongoing critical evaluation by peers, which may include the exchanging of student work, will be used to enhance the educational process. Ultimately the final assessment is the job of the teacher. Student privacy will be respected when providing class grades and other confidential information. If students wish to individually see and discuss their grades with me, they must come during consultation hours, not during class time. Students and parents have computer access to grades on ASPIRE through the district web page and can review grades at any time. Please keep all work that has been passed back in case there is any discrepancy between my records and yours. If there is a perceived error, any grade change must be completed within the following quarter or by June 30 for the fourth quarter.

**In accordance with Utah Code 53G-4-401 (amended May 2021), parents may view their student's curriculum, assignments, and feedback on assignments by signing up as a Parent Observer on Canvas. Parents who signed up previously do not have to sign up again. Directions for new sign-ups or to add a student are found at:

- 1. Connecting to Canvas Observer and the Canvas APP
- 2. Connecting to Canvas Observer Spanish
- 3. Adding Additional Students to my Existing Account
- 4. Canvas Grading Symbols (What does that icon mean?)

